

# St Pius X Catholic School

## Te Kura O Hato Paea

### Newsletter #2



To Learn Love  
To Learn Wisdom  
The Way We Are

Thursday 22nd October 2020

Week 2 Term 4



#### Principal's Message

## Grandparent And Mission Day

**TOMORROW - Friday 23rd October.**

**At 10.00am** You are invited to the classrooms where you can see the class in action or read or be read to.

**At 10.30am** you are most welcome to come to the staff room for a cuppa and a biscuit.

**At 11.00am** there will be a School liturgy in the Church to mark our Mission day

**At 11.30ish** the opening of the stalls. ( This is the time to raid your spare change jar)

**At 12:30pm** approx you are able to go home have another cuppa and a well earned rest!

We would love to see you all there

**Reminder:** Monday is Labour Day, this is a public holiday and school will be closed.

I want to draw your attention to the flyer on the last page of this newsletter. It is an invitation to an online safety information evening. I have heard these people speak and it will be interesting and informative.



**TICKETS FOR THE PRODUCTION FOR THE 4TH & 5TH NOVEMBER ARE ON SALE FROM FRIDAY 23RD OCTOBER (TOMORROW) ! \$10 PER PERSON.**



God Bless,  
Jane Rutherford

## OUR MISSION PRAYER

May all children  
In the world  
Share love  
Share friendship and live  
In the peace  
Of God's love  
Now and forever. Amen



The Society of Missionary Children

69 Lower Rathmines Road, Dublin 6. Ph: 01-497 2035  
Web: [www.smc.ie](http://www.smc.ie) Email: [jacks@smc.ie](mailto:jacks@smc.ie) Skype: cdcireland

**School Banking is back.  
It will be collected from the  
school every Wednesday**

**first**  
credit union

### This Weeks' Birthdays

#### October

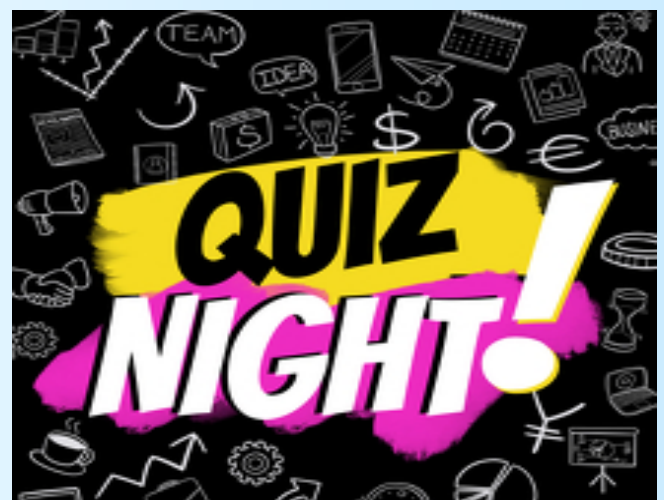
20th—Teekira (Rm 5), Shaye (Rm 6)

21st—Johan (Rm 1A)

23rd—Kenley (Rm 2), Ethan (Rm 7)

24th—Kaél (Rm 5)

Happy Birthday from everyone at St Pius X



Teams of 6 and it is \$10 per head (\$60 per table).  
Book your table at the office NOW!! NO Payment  
required until the day! . Keep those food items  
rolling in and thanks to families who have sent  
items in.

**FANTASTIC PRIZES TO BE WON**

Email Antony if you have any questions—  
[antony.easto@stpius.co.nz](mailto:antony.easto@stpius.co.nz)

**Tables are still available, we NEED your  
support!!**



St Columba's Catholic School presents

# An Online Safety Information Evening

With Rob & Zareen Cope - Parents & Filmmakers

WEDNESDAY 11TH NOVEMBER 2020 | 7PM - 8.30PM  
50 RIFLE RANGE ROAD, FRANKTON, HAMILTON 3204

- Understand the harms our kids are facing online in relation to pornography, predators & social media access.
- Learn practical solutions to keep your children safer online.
- Get advice on healthy ways to approach these tricky topics.
- Learn what to do when your child has been exposed to something harmful.
- This talk also includes an online safety plan tailored to suit your family's needs.

To find out more about Rob & Zareen's work visit [www.ourkidsonline.info](http://www.ourkidsonline.info)



## WIN SPORTS GEAR FOR YOUR SCHOOL!

All schools with 10 participants or more will be in to win 1 of 5 x \$200 vouchers to spend on Sports Equipment for your school! Winners announced prize giving on Race Day Sunday November 15th.

REGISTER YOUR SCHOOL TEAM TODAY:  
[www.roundthebridges.co.nz](http://www.roundthebridges.co.nz)



Learn-to-play-an-instrument-with-11

## MUSIQ HUB PLAY SMART

Contact Carl for more info: [carl.watkins@musiqhub.co.nz](mailto:carl.watkins@musiqhub.co.nz)  
027-388-9558

### LABEL READING

There are lots of different nutritional claims on packaging but it's best to check for yourself by reading the label. Remember to always use the 100g column.

**TIP:** Fibre helps us feel full for longer and keeps our digestive system healthy.

|                                                 | PER SERVE | PER 100g |
|-------------------------------------------------|-----------|----------|
| <b>Aim for less than 10g SUGAR per 100g</b>     |           |          |
| Carbohydrate, Total (g)                         | 20.1      | 67.0     |
| -Sugars (g)                                     | 0.8       | 2.8      |
| <b>Aim for less than 10g TOTAL FAT per 100g</b> |           |          |
| Fat, Total (g)                                  | 0.4       | 1.4      |
| -Saturated Fat (g)                              | 0.1       | 0.3      |
| <b>Aim for more than 5g FIBRE per 100g</b>      |           |          |
| Dietary Fibre (g)                               | 3.0       | 10.1     |
| Sodium (mg)                                     | 81        | 270      |

[www.sportwaikato.org.nz](http://www.sportwaikato.org.nz)  
© This resource was developed by Sport Waikato 2020